



## Thai Green Chicken Curry - NEW

Tender chicken simmered in a vibrant green curry sauce made with coconut milk, fresh herbs, and aromatic spices. Served with fragrant rice.



### Ingredients

Thai Green Chicken Curry (53%) (Chicken (21%), Coconut Milk (Coconut Milk, Water, Thickener (Xanthan Gum)), Water, Carrot, Onion, Green Curry Paste (1%) (**Crustacea**), Modified Starch (1422), Canola Oil, Sugar, Salt, Coriander, Thai Basil), Basmati Rice (23%) (Water, Basmati Rice (7%)), Green Beans (18%), Peas (8%).  
**CONTAINS CRUSTACEA. MAY CONTAIN FISH.**

### Nutritional Details

	Regular Size 400g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	1616kJ (388Cal)	404kJ (97Cal)
Protein:	23g	5.8g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	17.6g	4.4g
--Saturated:	11.7g	2.9g
Carbohydrates:	31g	7.8g
--Sugars:	5.6g	1.4g
Dietary Fibre:	5.1g	1.3g
Sodium:	800mg	200mg
Potassium:	556mg	139mg

#### Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.