



Spaghetti Bolognese - NEW

Spaghetti topped with a rich beef mince and chunky tomato sauce and sprinkled with parmesan cheese and parsley.



Ingredients

Bolognese Sauce (55%) (Beef Mince (23%), Tomato Pulp (19%) (Crushed Tomatoes, Tomato Juice, Acidity Regulator (330)), Carrot, Onion, Tomato Paste (2%) (Acidity Regulator (330)), Celery, Beef Flavour Blend, Tapioca Starch, Garlic, Olive Oil, Sugar, Pepper, Bay Leaves, Basil, Rosemary, Oregano), Spaghetti (17%) (Water, Durum **Wheat** Semolina), Parmesan Cheese (**Milk**, Anticaking Agent (Tapioca Starch), Preservative (200)), Canola Oil, Parsley, Salt.

CONTAINS GLUTEN, WHEAT, MILK. MAY CONTAIN EGG, SOY.

Nutritional Details

Nutritional Details	Regular Size 400g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	2364kj (567Cal)	591kJ (142Cal)
Protein:	35.6g	8.9g
Fat, Total:	29.2g	7.3g
--Saturated:	13.2g	3.3g
Carbohydrates:	61.2g	15.3g
--Sugars:	7.3g	1.8g
Dietary Fibre:	7.1g	1.8g
Sodium:	884mg	221mg
Potassium:	568mg	142mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.