



## Slow-Cooked Beef Pie - NEW

Our classic beef pie is packed with tender, slow-cooked beef in a rich, savoury gravy, accompanied by a root veg roast.



### Ingredients

Beef Pie Filling (69%) (Beef (27%), Water, Carrots (8%), Celery, Onion, Tomato Paste (Acidity Regulator (330)), Modified Starch (1422), Tapioca Starch, Worcestershire Sauce (Colour (150d)), Canola Oil, Thyme, Salt, Garlic, Parsley, Mint, Oregano, Gravy Mix (Water, Gravy (Modified Tapioca Starch (1422)), Natural Flavours, Maize Maltodextrin, Modified Starch (1422), Tomato Paste (Acidity Regulator (330))), Pepper, Nutmeg), Shortcrust Pastry (10%) (**Wheat** Flour, Water, Vegetable Margarine (Vegetable Oil, Water, Salt, Emulsifier (471, 472c), Natural Flavour, Antioxidants (304), Natural Colour (160a)), Salt, Acidity Regulator (330)), Swede (8%), Carrots (6%), Parsnip (6%), **Egg**, Salt, Canola Oil, Parsley.

**CONTAINS GLUTEN, WHEAT, EGG. MAY CONTAIN SOY.**

### Nutritional Details

Nutritional Details	Regular Size 400g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1996kJ (479Cal)	499kJ (120Cal)
Protein:	30.9g	7.7g
Fat, Total:	20.4g	5.1g
--Saturated:	8.6g	2.1g
Carbohydrates:	38.7g	9.7g
--Sugars:	9.4g	2.3g
Dietary Fibre:	7.5g	1.9g
Sodium:	940mg	235mg
Potassium:	900mg	225mg

#### Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.