



Salmon & Florentine Sauce - NEW

A premium seafood meal featuring a salmon fillet served with fluffy seasoned rice and a delicious Florentine sauce.



Ingredients

Rice Mix (46%) (Water, Basmati Rice (9%), Peas (7%), Carrots (5%), Spring Onion, Vegetable Flavour Blend, Dried Parsley, Salt), Salmon (29%) (**Fish**), Florentine Sauce (26%) (Water, Cream (**Milk**), Spinach (3%), Onion, Canola Oil, Tapioca Starch, Spring Onion, **Milk Powder**, Modified Starch (1422), Snapper **Fish Stock**, Salt, Vegetable Flavour Blend, Yeast Extract, Carrot, Celery, Leek, Pepper, Nutmeg, Dried Dill, Pepper).

CONTAINS FISH, MILK. MAY CONTAIN SESAME.

Nutritional Details

	Regular Size 350g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	2160kj (518Cal)	617kJ (148Cal)
Protein:	26.1g	7.5g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	29.9g	8.6g
--Saturated:	9.2g	2.6g
Carbohydrates:	35.9g	10.2g
--Sugars:	4.7g	1.4g
Dietary Fibre:	2.9g	0.8g
Sodium:	679mg	194mg
Potassium:	567mg	162mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.