



## Roast Pork & Apple Sauce - NEW

Tender roast pork topped with gravy and apple sauce. Served with a side of creamed cabbage and roast potatoes.



### Ingredients

Roast Potato (29%) (Potato (28%) (Preservative (220)), Salt, Canola Oil, Paprika, Dill, Rosemary, Pepper), Creamed Cabbage (26%) (Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (0.5%) (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (Xanthan Gum)), White Cabbage (6%), Carrot (4%), Cream (**Milk**), Onion, Water, Salt, Dijon Mustard (Acidity Regulator (260)), Lemon Juice (Preservative (222), Antioxidant (300)), Yeast Extract, Parsley, Dill, Garlic Powder, Pepper), Roast Pork (23%), Gravy Mix (17%) (Water, Gravy (Modified Tapioca Starch (1442)), Natural Flavours, Maize Maltodextrin, Modified Starch (1422), Tomato Paste (Acidity Regulator (330))), Apple Sauce (6%) (Apple (4.5%) (Antioxidant (300), Firming Agent (509), Acidity Regulator (330)), Sugar, Water, Vegetable Gum (Xanthan Gum), Acidity Regulator (330), Vegetable Gum (407), Cinnamon, Cloves, Nutmeg).

**CONTAINS MILK. MAY CONTAIN SESAME.**

### Nutritional Details

Nutritional Details	Regular Size 350g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1474kj (353Cal)	421kJ (101Cal)
Protein:	24.9g	7.1g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	13.5g	3.9g
--Saturated:	7.5g	2.1g
Carbohydrates:	30.5g	8.7g
--Sugars:	8.9g	2.5g
Dietary Fibre:	3.3g	0.9g
Sodium:	777mg	222mg
Potassium:	861mg	246mg

#### Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.