



Pumpkin Ricotta Lasagne - NEW

Our pumpkin ricotta lasagne layers sweet roast pumpkin and creamy ricotta between delicate pasta sheets, all enveloped in a rich, savoury sauce.

Ingredients

Pumpkin Ricotta Lasagne (78%) (Butternut Pumpkin (17%), Pumpkin (15%), Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (415)), Pasta (11%) (Durum **Wheat** Semolina), Water, Spinach (4%), Fetta Cheese (**Milk**, Firming Agent (509)), Ricotta Cheese (1.5%) (Whey (**Milk**), **Milk**, Acidity Regulator (260), Salt, Non-Animal Rennet), Cream (**Milk**), Onion, Olive Oil, Salt, Butter (**Milk**), Tapioca Starch, Garlic Puree (Acidity Regulator (330)), Vegetable Stock Blend (Flavour Enhancer (635)), Low Sodium Salt (Potassium Chloride), Pepper, Canola Oil, Sage), Vegetable Side (20%) (Capsicum (7%), Zucchini (7%), Red Onion (5%), Canola Oil, Salt), Sunflower Seeds (2%), Parmesan Cheese (**Milk**, Anticaking Agent (Tapioca Starch), Preservative (200)), Low Sodium Salt (Potassium Chloride), Salt, Canola Oil, Paprika.

CONTAINS GLUTEN, WHEAT, MILK. MAY CONTAIN EGG, SOY.

Nutritional Details

Regular Size 400g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	1892kj (454Cal)	473kJ (113Cal)
Protein:	13.7g	3.4g
Fat, Total:	19.6g	4.9g
--Saturated:	8.6g	2.2g
Carbohydrates:	53.3g	13.3g
--Sugars:	13.5g	3.4g
Dietary Fibre:	6g	1.5g
Sodium:	976mg	244mg
Potassium:	776mg	194mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.