



Grilled Steak & Mushroom Sauce - NEW

A premium meal featuring a tender steak portion served with creamy mashed potato, peas and a rich mushroom sauce.



Ingredients

Potato Mash (34%) (Potato (66%) (Preservative (220)), Water, Skim **Milk Powder (Milk Solids)**, Tapioca Starch, Low Sodium Salt (Potassium Chloride), Salt, Pepper), Beef Steak (26%), Mushroom Sauce (23%) (Gravy Mix (14%) (Water, Gravy (Modified Tapioca Starch (1442)), Natural Flavours, Maize Maltodextrin, Modified Starch (1422), Tomato Paste (Acidity Regulator (330)), Portobello Mushrooms (5%), Water, Dried Mushrooms (0.2%), Salt, Tapioca Starch, Garlic, Rosemary), Peas (17%).

CONTAINS MILK.

Nutritional Details

Nutritional Details	Regular Size 350g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1340kj (321Cal)	383kJ (92Cal)
Protein:	37g	10.6g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	5g	1.4g
--Saturated:	1.7g	0.5g
Carbohydrates:	28.5g	8.2g
--Sugars:	5.4g	1.5g
Dietary Fibre:	5g	1.4g
Sodium:	682mg	195mg
Potassium:	616mg	176mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.