



Chicken Pesto Pasta - NEW

Pasta topped with a flavourful chicken pesto sauce mixed with sun-dried tomatoes and pumpkin.

Ingredients

Pesto (59%) (Chicken (24%), Water, Pesto Sauce (6%) (Fresh Basil (55%), Canola Oil, Olive Oil, Sugar, Salt, **Cashew**, Parmesan Cheese (**Milk**), Salt, Acidity Regulator (330, 270), Preservative (202), Thickener (412)), Onion, Cream (**Milk**), Sun-Dried Tomato (3.5%) (**Sulphites**) (Preservative (220)), **Milk** Powder, Spinach, Garlic, Yeast Extract, Low Sodium Salt (Potassium Chloride), Salt, Canola Oil, Modified Starch (1422), Pepper, Dried Basil), Water, Pumpkin (12%), Pasta (11%) (Durum **Wheat** Semolina), Parmesan Cheese (**Milk**, Anticaking Agent (Tapioca Starch), Preservative (200)), Salt, Canola Oil.

CONTAINS GLUTEN, WHEAT, MILK, CASHEW, SULPHITES. MAY CONTAIN EGG, SOY.

Nutritional Details

| Nutritional Details | Regular Size 400g Per Serve | |
|---------------------|------------------------------|---------------------------|
| | Average Quantity per Serving | Average Quantity per 100g |
| Energy: | 2496kJ (599Cal) | 624kJ (150Cal) |
| Protein: | 39.7g | 9.9g |
| Fat, Total: | 32.9g | 8.2g |
| --Saturated: | 10.6g | 2.6g |
| Carbohydrates: | 56.4g | 14.1g |
| --Sugars: | 17.7g | 4.4g |
| Dietary Fibre: | 4.8g | 1.2g |
| Sodium: | 920mg | 230mg |
| Potassium: | 1272mg | 318mg |

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.