



Butter Chicken - NEW

Chicken dish cooked in a rich sauce originating from Northern India, served with basmati rice, broccoli and a spiced potato eggplant.



Ingredients

Butter Chicken (39%) (Chicken Breast (17%), Cream (**Milk**), Onion, Butter (3%) (**Milk**), Tomato Paste (Acidity Regulator (330)), Water, Sugar, Garlic, Ginger, Salt, Tapioca Starch, Cardamom, Chilli, Cinnamon, Colour (160b), Cumin, Coriander, Fenugreek), Broccoli (19%), Water (19%), Potato & Eggplant Bhaji (15%) (Eggplant (6%), Potato (6%) (Preservative (220)), Sauce (2%) (Tomato Pulp (Acidity Regulator (330)), Tomato Paste (Acidity Regulator (330)), Red Onion, Canola Oil, Sugar, Garlic, Spices, Salt, Coriander, Turmeric, Cumin, Ginger, Cinnamon, Chilli, Cloves, Fenugreek, Bay Leaves), Butter (**Milk**), Salt), Basmati Rice (8%) (Water, Rice).

CONTAINS MILK. MAY CONTAIN, SOY, ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, SESAME, MACADAMIA, PECAN, WALNUT.

Nutritional Details

Nutritional Details	Regular Size 400g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1960kj (470Cal)	490kJ (118Cal)
Protein:	23.4g	5.8g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	24.3g	6.1g
--Saturated:	15.7g	3.9g
Carbohydrates:	35.8g	9g
--Sugars:	7.7g	1.9g
Dietary Fibre:	7.2g	1.8g
Sodium:	708mg	177mg
Potassium:	908mg	227mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.