



Beef Lasagne - NEW

A traditional homestyle beef lasagne featuring layers of pasta sheets, rich beef bolognese sauce, bechamel and cheese, served with a portion of steamed broccoli.



Ingredients

Beef Lasagne (80%) (Bolognese Sauce (48%) (Beef Mince (20%), Tomato Pulp (Crushed Tomatoes, Tomato Juice, Acidity Regulator (330)), Carrot, Onion, Tomato Paste (Acidity Regulator (330)), Celery, Beef Flavour Blend (0.5%), Tapioca Starch, Garlic, Olive Oil, Sugar, Pepper, Bay Leaves, Basil, Rosemary, Oregano), Pasta (13%) (Durum **Wheat** Semolina), Bchamel Sauce (12%) (Water, **Milk** Powder, Butter (**Milk**), Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (Xanthan Gum)), Mozzarella Cheese (3%) (**Milk**, Anticaking Agent (460), Preservative (200)), Water, Parmesan Cheese (1%) (**Milk**, Anticaking Agent (Tapioca Starch), Preservative (200)), Salt, Paprika), Broccoli (20%).

CONTAINS GLUTEN, WHEAT, MILK. MAY CONTAIN EGG, SOY.

Nutritional Details

Nutritional Details	Regular Size 400g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	2332kj (559Cal)	583kJ (140Cal)
Protein:	34.7g	8.7g
Fat, Total:	29.6g	7.4g
--Saturated:	15.7g	3.9g
Carbohydrates:	55.2g	13.8g
--Sugars:	8.5g	2.1g
Dietary Fibre:	9.7g	2.4g
Sodium:	984mg	246mg
Potassium:	860mg	215mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.