



Beef Cottage Pie - NEW

This comforting family favourite features minced beef and vegetables topped with creamy mashed potatoes, and served with a side of broccoli



Ingredients

Beef Cottage Pie (79%) (Meat Sauce (52%) (Beef Mince (30%), Tomato Pulp (Crushed Tomatoes, Tomato Juice, Acidity Regulator (330)), Tomato Paste (Acidity Regulator (330)), Carrot, Onion, Celery, Sugar, Modified Starch (1422), Beef Flavour Blend (0.5%), Garlic, Yeast Extract, Rosemary, Thyme, Pepper, Canola Oil), Potato Mash (28%) (Potato (18%) (Preservative (220)), Water, Skim **Milk** Powder, Tapioca Starch, Low Sodium Salt (Potassium Chloride), Salt, Pepper)), Broccoli (20%), Mozzarella Cheese (**Milk**, Anticaking Agent (460), Preservative (200)), Parmesan Cheese (**Milk**, Anticaking Agent (Tapioca Starch), Preservative (200)), Parsley.
CONTAINS MILK.

Nutritional Details

Nutritional Details	Regular Size 400g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1680kj (403Cal)	420kJ (101Cal)
Protein:	40.9g	10.2g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	29.9g	7.5g
--Saturated:	15.2g	3.8g
Carbohydrates:	26.5g	6.6g
--Sugars:	12.5g	3.1g
Dietary Fibre:	9.5g	2.4g
Sodium:	680mg	170mg
Potassium:	1500mg	375mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.